



Professor Dr. Tarek Ahmed Said

Dean of Faculty of Medicine, Nahda University in Beni Suef

Professor of Plastic Surgery, Kasr Alainy Faculty of Medicine, Cairo University

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Qualifications

- Graduation (MB.BCh), 1987, Excellent w Honors
- Masters in Surgery (M.Sc), 1991, Excellent
- Doctorate in Surgery (M.D.), 1995

Academic Posts, Kasr Alainy Faculty of Medicine, Cairo University

- House Officer (1/3/1988-28/2/1989)
- Resident of Surgery (18/3/1989-17/3/1992)
- Clinical Demonstrator of Surgery (19/3/1992-19/1/1993)
- Assistant Lecturer of Plastic Surgery (20/1/1993-22/4/1996)
- Lecturer of Plastic Surgery (23/4/1996-28/4/2001)
- Assistant Professor of Plastic Surgery (29/4/2001-29/4/2006)
- Professor of Plastic Surgery (Since 30/4/2006)

Administrative Posts , Faculty of Medicine , Cairo University & Cairo University Hospitals

- Former Dean Counselor for College and University Hospitals Administration (13/12/2014 – 1/9/2018)
- Former Secretary of Faculty Council (19/1/2015 – 4/8/2018)
- Former Director of the Integrated Program of Kasr Alainy IPKA (16/9/2015 – 13/9/2018)
- Former Head of Higher Curriculum Committee of Kasr Alainy (14/11/2017 – 13/9/2018)
- Former Director of Undergraduate Program of Kasr Alainy (14/11/2017 – 13/9/2018)
- Former Head of Kasr Alainy Burns Unit (Since 31/7/2018 – 31/12/2018)
- Former Head of Plastic Emergency Unit (1/8/2017 – 31/7/2018)
- Former Head of Pediatric Plastic Surgery Unit - Abu El-Rish Children Hospitals (1/8/2015 – 31/7/2016)
- Former Director of Surgical OR (1999-2000)
- Former Board Member of Learning Resource Complex, Kasr Alainy (6/2/2017 - 5/2/2019)
- Former Director of Burns & Plastic Emergencies (1/10/2011 - 13/12/2014)
- Current Member of Kasr Alainy Friends' Association (KEFA)
- Former Member of Medical IT Committee
- Former Member of House Officer Management Committee

Administrative Posts , Faculty of Medicine , Nahda University in Beni Suef

Dean of Faculty of Medicine since 1/1/2019

Post-Graduate Training

- Visiting Fellow, Department of Plastic Surgery , Emory University School of Medicine, Emory University, Atlanta, Georgia, USA, 1997-1998
- Microsurgical Training Course, Zagazig University Microsurgical Unit, 1999
- 2010 Course & Teaching Course "Filling & Volumetry Using HA & Collagens", International Master Course on Aging Skin "IMCAS", Paris, France
- 2013 Congress & Teaching Course "Fundamental Principles of Fat Grafting: Complementary and Conflicting Techniques", International Society of Plastic Regenerative Surgery, Berlin, Germany
- Teaching Excellence in Egyptian Medical Education Professional development certificate 2018
- Teaching Excellence in Egyptian Medical Education Advanced Workshop "Advanced Knowledge Based Assessment: Validity & QA" 2019

Academic Affiliations

- Arbitrator at SCU's Continuous Scientific Committee for Promotion since 2013
- Scientific reviewer for The Egyptian Journal of Plastic and Reconstructive surgery
- Member of Doctorate Board Kasr Alainy Faculty of Medicine, Cairo University
- External examiner of Surgery, 6th of October University
- External examiner of Plastic Surgery, Beni Suef University
- External examiner of Surgery, Future University
- External examiner of Surgery, Faculty of Dentistry, Cairo University
- External examiner of Surgery, Faculty of Dentistry, Future University

Scientific Memberships & Affiliations

- Consultant of Plastic Surgery, Egyptian Syndicate of Doctors
- Member of Egyptian Society of Plastic & Reconstructive Surgeons ESPRS
- Member of Egyptian Society of Surgeons ESS
- Founding Member of Aesthetic Academy of Egypt AAegy
- Member of International Federation of Plastic & Reconstructive Surgery IPRAS
- Former Member of International society of Aesthetic & Plastic Surgery ISAPS
- Creator of ESPRS website

Scientific Research & Activities

Publications

- **The Augmented TRAM** Ibrahim G.Khalifa, Fathy F. Khodair & Tarek A.Said, Egyptian Journal of Plastic & Reconstructive Surgery, 1998 ; 22 (2) April: 141-151
- **Vertical Mammoplasty for Breast Hypertrophy And Ptosis** Fathy F. Khodair, Tarek A.Said & Ibrahim G.Khalifa, Egyptian Journal of Plastic & Reconstructive Surgery, 1999 ; 23 (1) January: 13-20
- **Minicholecystectomy Versus Conventional Cholecystectomy,The Postoperative Period** El-Ghareeb M. & Said T. Egyptian Journal of Surgery, 1999 ; 18 (1) Feb: 51-54
- **Evaluation of Gastric Emptying After Gastric Pull Up** Ibrahim Galal Khalifa , Ahmed Farag & Tarek Said, Egyptian Journal of Surgery, 1999 ; 18 (2) June: 165-170

- **Papillary Thyroid Carcinoma. Nodal Metastases** El-Ghareeb M.H, Said T.A & Mounir B.I, Medical Journal of Cairo University, 1999 ; 67 (2) June: 449-453
- **Fasciocutaneous Island Flap Based On The Medial Plantar Artery For Coverage Of Heel Defects** Fathy F. Khodair & Tarek A.Said & Ibrahim G.Khalifa, Egyptian Journal of Plastic & Reconstructive Surgery, 1999 ; 23 (2) July: 185-192
- **Repair of Large Abdominal Wall Hernias Using Expanded Abdominal Wall Musculature** Tarek Ahmed Said, Egyptian Journal of Plastic & Reconstructive Surgery, 2000 ; 24 (1) January: 71-77
- **Intraoperative Lymphatic Mapping & Sentinel Node Biopsy Predicts Axillary Nodal Involvement and Avoids Negative Axillary Dissections in (No) Breast Cancer** Tarek Ahmed Said, Kasr El-Aini Journal of Surgery, 2000, 1 (1) July: 103-114
- **Hair Restoration. Update** Tarek Ahmed Said, Review Article Presented for Promotion to Associate Professor Post, March 2001
- **Superomedial Pedicle Mammoplasty; The Logical Extension of The Superior Pedicle Technique** Tarek A. Said, Fathi F. Khodair & Sherif Z. Ezzat, Kasr El-Aini Journal of Surgery, 2002; 3 (2) July: 11-20
- **Different Designs Of The Fabricated Three-Dimensional Cartilagenous Framework In Total Auricular Reconstruction By Autologous Costal Cartilage Grafts** Ahmed G. El-Sharkawy, Sherif Z. Ezzat & Tarek A. Said, Kasr El-Aini Journal of Surgery, 2003, 4 (1) January: 23-35
- **Basic Concepts and Modern Aids in the Management of Fournier's Gangrene** Omar Abdel-Razzak, Sherif Zamer, Tarek Said & Ahmed Salem, Kasr El-Aini Journal of Surgery, 2003, 4 (2) May: 75-80
- **The Reconstructive and Functional Role of Latissimus Dorsi Flap in Complex Upper Extremity Injuries** Tarek Mahboub, Fouad M. Ghareeb, Tarek A. Said & Wael S. Abdelnaser, Egyptian Journal of Plastic & Reconstructive Surgery, 2003 ; 27 (2) July: 255-261
- **A Study of Breast Fat Content in Egyptians and the Applicability of Liposuction as an Adjunctive Procedure in Breast Reductive Surgery** Tarek A. Said, Fathi F. Khodair & Tarek Mahboub Ahmed, Egyptian Journal of Plastic & Reconstructive Surgery, 2003 ; 27 (2) July: 263-270
- **Superdrained transverse rectus abdominis myocutaneous flap: A gold standard for immediate breast reconstruction??** Adel M. Wilson, Samy M.I. Said & Tarek A. Said, Medical Journal of Cairo University, 2003 ; 71 (4) (Suppl) Dec: 11-19
- **Evaluating The Usefulness of The Triple-Test Score (TTS) in The Diagnosis of Breast Masses** Sami Mufeed Said, George Abd Elfadi & Tarek Ahmed Said, Kasr El-Aini Journal of Surgery, 2004; 5 (1) January: 3-6
- **Endoscopic Abdominoplasty: A Minimally Invasive Technique In Abdominal Lipodystrophy** Sherif Zamer, Tarek A. Saeed & M. Alaa El-Deen A. Hameed, Kasr El-Aini Journal of Surgery, 2004; 5 (1) January: 27-32
- **Postpartum Involutional Hypomastia: Management by Augmentation Mammoplasty with Submuscular Textured Saline-Filled Implants** Tarek Ahmed Said, Kasr El-Aini Journal of Surgery, 2004; 5 (3) September: 77-86
- **A study of the Aesthetic Patterns of the Umbilicus among Egyptians with A New Technique for Umbilical Reconstruction de novo** Ahmed G. El-Sharkawy, Tarek A. Said, Ismail A. Shafik & Heba A. Khalifa, Kasr El-Aini Journal of Surgery, 2004; 5 (3) September: 87-99
- **Repair of Chylous Fistula in The Neck By Local Muscle Flaps** Louay El Sharkawy & Tarek Said, Kasr El-Aini Journal of Surgery, 2005; 6 (1) January: 69-76
- **The Use Of Progressive Tension Sutures In Abdominoplasty For Fewer Complications And A Speedy Recovery** Tarek Ahmed Said, Kasr El-Aini Journal of Surgery, 2005; 6 (2) May: 63-70
- **Developing Surgical Audit Database to Measure Performance and Outcome of Surgical Services.** Ahmed G. El-Sharkway, Ashraf H. Ghaleb, Tarek A. Said, Mohamed H. Fahmy, Mamdouh Abu El-Hassan, Omar S. Omar, & Dina S. Omar, Presented in the First Scientific Conference of the Medical Education development Center (MEDC) Faculty of Medicine (Kasr Al-Ainy), Cairo University "Medical Education Between Reality and Expectation"

Presentations

- **Hair Restoration. Update**, Review Article Presented for Promotion to Associate Professor Post, March 2001
- **The Management of Burns**, Presented in Postgraduate teaching course of The Egyptian Society of Surgeons, Military Medical Academy, January 2003
- **BOTOX** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Facial Fillers** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Mesotherapy & Lipolysis** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Management of Tuberous Breast** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Facial Fractures; The Emergency Department Challenge** 31st Annual Meeting of The Egyptian Society of Surgeons 10-12 April 2013
- **Role of Plastic Surgeons in Diabetic Foot Management** 2nd Annual meeting of Diabetic Foot and Vascular Diseases in Diabetics 12-13 December 2013
- **Introduction to Flaps** 32nd Annual Meeting of The Egyptian Society of Surgeons 16-18 April 2014
- **Pathological types of scars and their impact on treatment** Aesthetic Academy of Egypt (AAEgy) conference "Aesthetic management of facial wounds, defects and scars" in Military Medical Academy, May 2015
- **Alopecia (Hair Transplantation)** 2nd International Congress of the Aesthetic Academy of Egypt, 2nd December 2016
- **Anatomical & Reconstructive Considerations of the Eyelids** 47th Annual conference of the Egyptian Society of Plastic & Reconstructive Surgeons (ESPRS), 1st March 2017
- **Mammoplasty** The Egyptian Society of Plastic & Reconstructive Surgeons Condensed Course Military Medical Academy, 18 August 2017
- **Congenital anomalies of the face** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Skin & Subcutaneous Tissues** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Nerve Injuries** Plastic Surgery Postgraduate Doctorate degree teaching course, Cairo University
- **Developing Surgical Audit Database to Measure Performance and Outcome of Surgical Services** First Scientific Conference of the Medical Education development Center (MEDC) Faculty of Medicine (Kasr Al-Ainy) "Medical Education Between Reality and Expectation", Cairo University
- **Developing A Competency-Based Medical Curriculum, Kasr Alainy Experience** 5th International Conference of National Authority for Quality Assurance and Accreditation of Education. Conrad Hotel 22-23 April 2018
- **Developing A Competency-Based Medical Curriculum, Kasr Alainy Experience** The Scientific day of the Department of Surgery, Kasr Alainy Faculty of Medicine, New Era of Surgical Education and Training. 10 May 2018
- **Breast Reduction** The 7th international conference of the Egyptian Chapter of The American College of Surgeons Helnan Landmark Hotel New Cairo, 4 October 2018
- **Development of Item Bank in the Clinical Phase, Kasr Al Ainy Faculty of Medicine, Cairo University** Presented in Teaching Excellence in Egyptian Medical Education Course, Egyptian Knowledge Bank. Military Medical Academy, 19 December 2018
- **Kasr Alainy Modular Program K.A.M.P 2018/2019**
- **Toxicity & systemic complications in plastic surgery practice. Myth & Reality.** Presented in Updates in Toxicology, The 1st Scientific day for Forensic Medicine & Clinical Toxicology Department. Faculty of Medicine, Cairo University, 10 January 2019

Theses

1991 - Master Degree (M.Sc.) Thesis, Eyelid Reconstruction

1994 - Doctorate Degree (M.D.) Thesis, Endorectal Sonography

Committees



Scientific Arbitrator at the Continuous Scientific Committee of the Supreme Council of Universities in Egypt for Evaluation of publications for promotion of university professors and assistant professors (since 2013)

Academic Supervision

Master Degree Theses Supervisor

- **Heel Reconstruction**, Ahmed Lotfy Nasr
- **Prognostic Criteria in Liver Injury**, Ahmed Osman Abdel Azim
- **Hepatocellular Carcinoma. New Modalities of Early Diagnosis & Treatment**, Ahmed Maged Farghali
- **New Trends in Early Diagnosis & Treatment of Early Breast Cancer**, Samer Mohamed El-Sherif
- **Advantages & Disadvantages of Open Approach for Tip Rhinoplasty**, Tamer Hassan El-Sherif
- **Management of Umbilicus in Abdominoplasty**, Heba Mahmoud Khalifa
- **Comparative study: surgery vs local Glacryl trinitrate in management of ch. anal fissure**, Khaled Rabea Deyab
- **Reconstruction of face and neck scar contractures using staged transfer of "expanded super thin flaps"**, Mohamed Mohamed Sayed Al Azrak
- **The Evaluation of the Advantage of Scarpa's Fascia Preservation During Abdominoplasty**, Besheer Mohamed Abdullah
- **Different Modalities in Management of Post Burn Contractures of the Neck**, Mohamed Maher Wahba Khalil
- **Algorithm in management of gynecomastia**, Yasmin Darwish
- **Scalp hair patterns and types and its impact on hair transplantation surgeries**, Ahmed Aly Mohamed Taha
- **Upper Limbs strengthening exercises versus electrical stimulation on breast ptosis**. Dina Saeed Mohammed
- **Evaluation of the role of fat transfer in management of chronic resistant wounds**, Mariam Mohamed Shoukry Shoeib

Doctorate Degree Theses Supervisor

- **Application of autologous fat grafting in plastic & reconstructive surgery**, Ahmed Lotfy Nasr
- **The Role of Liposuction in Aesthetic Surgery for Large and Ptotic Breast**, Mohamed El-Mahrouki
- **Evaluation of Anthropometric And Surgical Factors Affecting The Waist Line In Abdominoplasty**, Ahmed Ezz El-Din El-Attar
- **Venous ulcer healing after SEPS with versus without skin graft**, Maged Kamal Reehan
- **Evaluation of the role of supraclavicular flap in the reconstruction of the head and neck** Tarek Seif
- **Evaluation of Different Oncoplastic Procedures in Management of Breast Cancer**, Dawlat Emara
- **Different Applications of Pedicled Antero-Lateral Perforator Thigh Flap**, Ahmed Rizk Lotfy El-Naggar
- **A Comparative study between Follicular unit transplantation & follicular unit extraction in surgical treatment for male pattern baldness**, Ahmed Osman Mekawi

- **Evaluation of different approaches & materials used in orbital fracture repair and their effects in aesthetic outcome**, Amr Ahmed Zaki El-Naggar
- **Reconstruction of facial defects using facial artery perforator flaps**, Mohamed Mohamed Sayed Al Azrak
- **Comparative study between skin micrografting (Meek technique) and meshed skin grafts in post-bur raw areas**, Marwan Ahmed Adel Nouredin
- **Comparative study of the different techniques for management of elbow contractures**, Mazen Mahmoud Atef
- **Evaluation of Deep Inferior Epigastric Perforator Free Flap in Breast Reconstruction**, George Hany Asaad Filobbos
- **Evaluation of of the dual-plane technique in primary augmentation mammoplasty**, Mohamed Emad El-Din
- **A comparative study between breast augmentation using inframammary and trans-axillary approaches**, Nesma Talal El-Abbasy
- **Effect of Platelet Rich Plasma on Hair Transplantaion in Androgenic Alopecia** Ahmed Moustafa Amer
- **Comparative study of Versajet vs surgical debridement in management of burns**, Ahmed Sami Saad

Academic Theses Arbitration

Master Degree Theses Arbitrator

- **Reconstruction of face and neck scar contractures using staged transfer of "expanded super thin flaps"**, Mohamed Mohamed Sayed Al Azrak
- **A comparative study between microdermabrasion and light chemical peeling for different types of skin**, Raed Ahmed Farahat
- **The Evaluation of the Advantage of Scarpa's Fascia Preservation During Abdominoplasty**, Besheer Mohamed Abdullah
- **Different Modalities in Management of Post Burn Contractures of the Neck**, Mohamed Maher Wahba Khalil
- **Evaluation of first dorsal metacarpal island artery flap for repair of fingertip injuries of the thumb**, Dhaif Fahim Shafea
- **Cranio-Maxillfacial Trauma patients in Cairo university hospital: A 6 month review**, Mohamed Wahba Arafa Hassouna
- **Facial artery based musculo-mucosal (FAMM) flap for repair of recurrent palatal fistula**, Amr Ahmed Zaki El-Naggar
- **Breast reconstruction using autologous flaps versus implants after ablative surgery for breast cancer**, Ahmed Safwat Abdel Kader Salem
- **Evaluation of the role of local injection of Hyaluronic Acid in primary repair of zone 2 flexor tendon injuries**, Omar Mohamed Nouh
- **The submental artery island flap in head and neck reconstruction**, Iman Mohamed Mahmoud Gomaa
- **The role of stem cells in breast augmentation**, Mohamed Emad El-Din Abdulla
- **Evaluation of Subfascial Approach in Breast Augmentation**, Ahmed Samy Saad
- **Comparing Different Methods Used For Prevention of T-Junction Dehiscence In Wise Pattern Reduction Mammoplasty**, Haytham Ahmed Al-Ezzi Almalahy
- **Early Intervention of Ultrasound and Active Mobilization Post Surgical Repair of Hand Flexor Tendon Laceration**, Ahmed Mahmoud Zarraa
- **Role of Internal Resection in Management of Alar Flaring**, Motaz Naem Hamed Natsha
- **Reliability of the Suprafascial Groin Flap**, Nadeen Mohamed El-Essawy

- **Evaluation of the role of fat transfer in management of chronic resistant wounds.** Mariam Mohamed Shoukry Shoeib
- **Anterior Segment Mandibular Fractures: Lag Screws versus Miniplate Fixation.** Abdel Rahman Gamal Zaki

Doctorate Degree Theses Arbitrator

- **Breast Autoaugmentation Following Massive Weight Loss,** Omar Ahmed Arafa
- **Midface Rejuvenation. Evaluation of surgical and non-surgical techniques,** Dina Mustafa Kamel
- **Predictive criteria indicating the probability of positive sentinel lymph node in invasive breast cancer,** Ahmed M Salah E Sarhan Ismail
- **Assessment of surgical outcome of patients with mixed nasality.,** Tarek El-Bastawisi Zayed
- **Evaluation of different approaches & materials used in orbital fracture repair and their effects in aesthetic outcome,** Amr Ahmed Zaki El-Naggar
- **Quilting sutures without drain versus conventional abdominoplasty (prospective study),** Rafik Henry Ibrahim