



HSE Communications

Our role in protecting the environment

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Does the positive role of the individual have impact on the environment?

There are those who believe that environmental initiatives will not constitute any change in the absence of environmental and health awareness, but this negative idea makes everyone equal in the end,

Vice-versa, the effective participation between the individual, the environment and awareness of others is the only way to raise the safety of the environment in the current and future serious challenges.

What do we do to improve an individual's impact on the environment?

There are many of daily activities that can make us more able to protect our environment, first of all we can participate in recycling and reuse or benefit from it in any way, knowing that recycling includes reducing waste and energy consumed, for example, using plastic bottles in something useful ,

However, if we want to talk about the most influential activities, we must mention the impact of transportation, which is the critical component of climate change. For example, you can replace your traditional car with a car that runs on natural gas or electricity. Look around and you will find this huge amount of people wasting huge energy through things, that can be avoided or reduce its dangerous. That is the real bond interdependence between the individual and the environment.

Duties of The individual

You do not live alone in this world, and all circles gather in the end to find the negative influence overwhelming around us, but the beginning is the individual, and every human being can reduce the impact of industry, urbanization and other environmental problems.

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Try the next steps and encourage others to do the same

- ✓ Do not forget to turn off lights, fans, or other appliances that consume electricity.
- ✓ Try to avoid using unnecessary appliances as much as possible, or even try to reduce your use of them.
- ✓ For example, you can put wet things in the sun to dry instead of using an electric dryer. Resort to smart solutions such as cooking using solar water heating.
- ✓ Use a bike for the short distances instead of a car or motorbike.
- ✓ Plant trees and plants nearby
- ✓ Use as little water as possible and make sure that there is no leakage at any time, and use the soapy water for other purposes instead of wasting it, and there is an ideal option stay away from the use of plastic bags



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The role of the school in the field of environmental education and environmental awareness

The school occupies an important place in the field of developing environmental awareness so that it reflects the social needs of the environment, and tries to provide students with right habits, attitudes and values that achieve environmental protection, preservation and maintenance.

The role of students in protecting the environment begins with their protection of their school, which requires a set of daily practices such as maintaining the cleanliness of the school, maintaining its facilities, promoting it and preserving the surrounding environment.

The school should contribute to providing students with the methods they need in their environmental studies, and by teaching them how to make appropriate decisions about it, by involving teachers and students in the process of analyzing the environment in which they live, analyzing the social and cultural trends and economic activities that affect in both of them,

There are billions of galaxies in this universe
There are billions of planets in our galaxy
But we only have one Earth